

Caffeine Craze
Check out how some students make it through the semester on page 8.

K-State wide receiver **Chris Harper**, junior, makes the game-winning catch late in the fourth quarter against Eastern Kentucky at Bill Snyder Family Stadium on Saturday. With that touchdown, K-State's first and only of the game, the Wildcats defeated the Colonels 10-7.

"These games are really great community builders," said Alex Abendschein, graduate student in counseling and student development. "It's a great way to meet people you probably never would have met before."



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ACROSS

1 "Woe is me!"

5 Snap-shot, for short

8 Church section

12 Chore

13 Blonde shade

14 Bucket

15 Anise-flavored liqueur

17 Nursery color, maybe

18 Larry and Curly's cohort

19 Heavy hammer

21 Lights

24 On the briny

25 "Hi, sailor!"

26 En-grossed

30 More (Sp.)

31 Sculptor Oldenburg

32 Regret

33 Not concrete

35 Actress Sorvino

36 Corn peel

37 Energy

38 Yell sharply

41 Chaps

42 Nickel, for one

43 Missing person?

48 Uncontrollable

49 Postal Creed word

50 Davenport's site

51 Wagers

52 Bribe

53 Basin accessory

3 Fool

4 Meager

5 Cracker

6 Something (Suff.)

7 Board and 32 pieces

8 Seem

9 Settled a debt

10 Croon

11 Actress Sommer

16 Ph. bk. data

20 Many summer-time births

21 Dalai —

22 Moby Dick's pursuer

23 Rolling stone's lack

24 Unawares

26 Fairbanks folks

27 Naval hoosegow

28 Continental coin

29 Darling

31 Motley —

34 Uses one's gray matter

35 Mickey's girlfriend

37 Flying geese's formation

38 Wound cover

39 Kansas, to Dorothy

40 Urban disturbance

41 Abbr. that may cause sticker shock

44 Ghost's cry

45 AAA job

46 Lamb's mama

47 Listener

Solution time: 21 mins.

A	G	E	D	E	B	A	R	H	E	P
C	O	M	E	C	O	L	E	O	S	U
H	O	U	S	E	H	O	L	D	L	A
		A	P	E	A	C	A	D	I	A
M	A	T	T	E	L	H	A	L	T	
A	M	I	R	O	W	P	O	I	S	E
J	O	G	S	N	O	R	U	G	L	Y
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M	I	R	R	O	R	P	M	S		
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O	N	E		D	E	L	T	A	A	X

Yesterday's answer 9-6

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48					49				50			
51					52				53			

CRYPTOQUIP

K I Z H X W L I R T R L I Z W G E P X
K L H W S Z M L I R P J F X R K
V R L C R R J P V Y P J E I P J W P X R P M
V R E P X X R W L C G F - Z J Z T R L Y S ?

Today's Cryptoquip Clue: M equals F

CRYPTOQUIP

V P X V I X R D G O L R Y Z C L D X Q
J L Q Y C J X Y M Z C J M O O Z I G Q U
G U G W X Q Q L R K G H G O U M R G
Y L K P V ' H G W G G R J O G I X - C V X O G .

Today's Cryptoquip Clue: V equals T

Logan's Run | By Erin Logan



kansas state collegian

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If you see something that should be corrected or clarified, please call our editor-in-chief, Caroline Sweeney, at 785-532-6556, or e-mail him at news@pub.ksu.edu.

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CORRECTION

There was an error in the Aug. 24 Collegian in part three of the tuition series. The University of Kansas also has a Tuition Advisory Committee that has eight student members and 19 members total. The committee meets several times over the course of the spring semester to develop a plan for tuition. At K-State, the Tuition Strategies Committee has 12 members total. All of them are students. The committee is advised by members of university administration who discuss the university's needs to the voting members.

If you see something that should be corrected or clarified, call Caroline Sweeney at 785-532-6556 or e-mail news@pub.ksu.edu.

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For info that doesn't make the sports page.

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Passion for sound



Lisle Alderton | Collegian

Robert Dieringer is a Manhattan business owner whose company, BuildCraft, Inc., builds kitchens, baths and home theaters. Robert's passion is music, and he opened up Leisure Time AV Design to share his passion for top-of-the-line audio and visual equipment with the Manhattan community. His office is located at 1102 Hostetler Drive.



Lisle Alderton | Collegian

Left: Robert and his employees can set up home theater systems that are synched with an iPad to become a universal touch screen remote.
Above: **Robert Dieringer**, owner of Leisure Time AV Design, thumbs through an Audioslave album while listening to one of the high-end headphones from his headphone bar. The Leisure Time AV Design headphones range in price upward of \$1,500.

Rock'It Bowl provides free bowling, entertainment to students

Sandi Lam
staff writer

As Rock'It Bowl began, the bowling alley darkened, black-lights lit up the space and the music commenced. The Union Program Council hosted Rock'It Bowl in the K-State Student Union's bowling alley on Friday night. With the UPC After Hours event offering two games of bowling, shoe rentals, Subway sandwiches, games of pool, a live concert experience and more, all for free, students were showing up long before the start of the event.

The participation was higher than the bowling alley had seen in recent memory. Brandon Calley, bowling alley employee and junior in agricultural education, said 45 lanes were reserved and, before Friday night, the bowling alley had never seen more than 25 lanes reserved.

News about Rock'It Bowl spread across campus through posters and word of mouth. Tanner New, freshman in electrical engineering, and Philip Surdacki, freshman in mechanical engineering, attended the event with their Marlett Hall resident assistant, Emilee Taylor, junior in sociology.

When asked about their at-

traction to the event, New explained, "It's free and we're poor college students."

Taylor said she enjoyed the event because it allowed her to bond with her residents in a casual, positive environment. Surdacki enjoyed the event as well, suggesting that UPC make it a weekly tradition.

"Bowling is the greatest sport ever invented," Surdacki said.

The Kansas City, Kan., band The After Party provided live entertainment for the evening with their single, "Can't Stop." They have previously played at events like Pike's Never Say Never event and Purple Power Play on Poyntz 2010. The band members said they would like to play for campus events more often.

"We would like to come back to Manhattan every two months or so and make performing here a regular thing," said drummer Alan Bell.

Energy was high at the event. Students danced when they were not bowling and exaggerated excitement after a successful bowl. One group of friends, who reunited at Rock'It Bowl, was especially energetic. The group traveled to Galveston, Texas, together on Alternative Spring Break last spring. Merrill Marine, junior in sec-

ondary education and Spanish, said that reuniting with her spring break group was "a blast." Ryan Kacirek, junior in regional and community planning, described the event as an inexpensive way to hang out in a group and have fun.

Donte Bernard, junior in psychology, explained how the group decided upon attending the event.

"We all went to spring break together," he said. "A big bowling event and it's all free ... why not?"

A person in a blue shirt and dark pants is bowling. The bowling ball is in the air, and the person is in a bowling stance. The bowling alley is dimly lit with colorful lights on the lanes.

Jonathan Knight | Collegian

A bowler releases the ball while taking advantage of free bowling at the K-State Student Union bowling alley during the UPC Rock'It Bowl event. UPC organized the event which included free bowling, free billiards, live music and free Subway sandwiches.

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EDITORIAL BOARD


What did you do over the long weekend?

"My best friend had her golden birthday - the big 21 - Friday. Without giving details, I'll tell you we had a very, very good time."



Kelsey Castanon, edge editor

"My best friend is getting married on Sept. 17, so we hit up the 'Ville on Saturday for her bachelorette party. All I can say is this weekend was a success."



Abby Belden, copy editor

"On Saturday, I hid from crazy game day traffic and made banana bread and watched bad TV. Then I went out on Sunday night instead."



Laura Thacker, opinion editor

"I tailgated, watched the game, shopped and made lots of chocolate peanut butter Rice Krispies treats."



Caroline Sweeney, managing editor

"I escaped to Kansas City to completely relax. Nothing beats sleeping in, cooking and a little bit of shopping."



Skye LeSage, design editor

"Spent a few hundred bucks on car parts."




Karen Ingram, coverage editor

"I enjoyed the weekend tailgating with family and friends."



Tim Schrag, editor-in-chief

"Went out with my parents after the football game and caught up."



Monty Thompson, sports editor

"I hung out with my friends and relaxed."



Lauren Gocken, photo editor

"I went to the game."



Mark Kern, assistant sports editor

"I went to Minnesota with my parents to see family."



Holly Grannis, social media editor

LET IT BE

Government needed to enforce safety standards



Karen Ingram

I understand the desire to have less government interference in our everyday lives. Nobody likes having somebody look over their shoulder and tell them what to do every few seconds. It's annoying. But there are some things that need an outside source to step in and say, "You will do as we say, or else there will be trouble." Big businesses need the government to enforce safety standards.

It would be nice if companies didn't need somebody to watch over them and make sure their products don't hurt or kill people. It would be nice if they had a conscience and simply did the "right thing," but that's not how it works in real life. Any business' first priority is to make money. Their second priority is to make sure they keep said money. Anything else is irrelevant.

A Sept. 1 ABC News article by Brian Hartman details a recent recall of decorative fuel gels that caused dozens of injuries and two deaths because they have an unfortunate tendency to explode. The manufacturer only agreed to a "voluntary" recall after the Consumer Product Safety Commission promised not to reveal any videos of these products exploding in lab tests. Heavens, we don't want to frighten anyone.

Some people argue that outside companies who verify product quality, such as Good Housekeeping, could do the job of making sure something is safe. Good Housekeeping and other similar companies are certainly a good thing, and anything with the "Good Housekeeping Seal of Approval" is pretty much guaranteed to be good. But the difference

between the CPSC and Good Housekeeping is this: one is mandatory, the other is voluntary.

The government can't test every single product ever made to ensure safety because there's simply too much stuff out there, but if a product proves to be unsafe, the company has to answer to the government watchdogs. If this were not the case, the company would base its decision on the money that's at stake, not the lives.

Another great example is food. I'm not just talking about quality control, like making sure the food is clean and doesn't contain human

body parts, but the simple act of labeling products correctly and honestly is a major problem. In order to be labeled as "organic," food has to be tested and certified, but many companies get around this by using the more vague term "all natural." Unless there's a government rule telling them otherwise, companies will cleverly mislabel food to gain sales, and some label tricks can lead to dangerous consequences.

Celiac disease involves an allergic reaction to gluten. It has many symptoms, but over time it can result in intestinal damage, making it dif-

ficult to absorb nutrients. If undiagnosed, or not treated properly, people with celiac disease can suffer from serious medical problems.

It's a dangerous allergy, and gluten is a substance found in most grains, so it's a bit tricky to figure out a gluten-free diet, especially when food companies use misleading labels on their products.

Gluten-free diets are big money right now. Last year, sales of gluten-free products totaled more than \$1.5 billion in the U.S., which is roughly twice as much as sales in 2005, according to an Aug. 3 article by Deborah

Kotz in the Boston Globe. That's big money at stake, and the numbers are growing.

Now the trouble: as of right now, there is no government regulation for what constitutes "gluten-free." The FDA has recommended that "gluten-free" products contain no more than 20 parts per million of gluten, which is the standard used in Canada and most of Europe, but they've been slow to make this an official standard.

Once the FDA makes 20 ppm official, probably in 2012, manufacturers will have to abide by the standard or else change their "gluten-free" label. Until then, 20 ppm is merely a suggestion, and one that not all companies feel obliged to follow.

An article by Christine Boyd in the April/May 2010 issue of Living Without, a magazine dedicated to people with food allergies and sensitivities, details problems with products falsely labeled "gluten-free" and companies who are reluctant to do recalls, even when their products make customers sick. Some people have even suffered from anaphylaxis due to exposure to gluten, but because the government is not yet enforcing the 20 ppm standard, there are some companies out there that label their products "gluten-free" that contain 100 ppm or more.

This is why we need the government to tell them what to do. The government is slow to act and a pain in the backside, but they get the job done and they make sure it's done correctly. The threat of losing money and going to jail forces companies to be the honest, good companies everyone believes them to be. It forces them to respect their customers — grudgingly — so it can take their money. In the end, everybody wins.

Karen Ingram is a junior in English. Please send comments to opinion@pub.ksu.edu.

No oppressive government regulation needed for product safety



Ian Huyett

Most of the 4,000 Americans who die in fires each year are asphyxiated, often in their sleep, according to the Federal Emergency Management Agency. Of the 30,000 Americans killed in car accidents in 2009, more than 6,000 were passengers and more than 4,000 were not even in a car, reports the National Highway Traffic Safety Administration.

While no single factor caused these tragedies, one group could have acted to prevent the great majority of them. Our government has the power to regulate product safety. Had it been more rigorous, many of those who die in fires and car crashes each year might still be alive.

Our government permits architects to design houses so flammable that flames take five minutes to engulf them. It lets manufacturers produce vehicles that become mangled with relative ease and then allows us to barrel down highways at often lethal speeds.

The government could force builders to use ceramic tiles and thick concrete floors. It could order dealerships to sell only cars equipped with steel roll cages and nylon harnesses. It could set a national speed limit of 10 mph and mandate jail time for those who broke it. Imagine all the lives that could be saved.

Needless to say, Americans would find these regulations outrageous. Although we may emphasize safety, we consistently trade it for affordability, convenience, aesthetic value and, perhaps most importantly, the freedom to make deci-

sions for ourselves.

In November 2010, the FDA banned Four Loko, a caffeinated alcoholic drink that it deemed unsafe. The agency's decision punished those who consumed the drink responsibly to protect those who chose not to. Rather than let those who abused Four Loko learn from the consequences of their mistakes, the FDA imposed a personal choice on everyone who bought the drink.

Ironically, regulations imposed by the FDA in the name of saving lives can have the opposite effect. In the early 1990s, the FDA imposed a barrage of exhaustive regulations on medical devices. CT scanners and surgical lasers had to wait in line to receive FDA approval before they could be

legally sold. Thousands of potentially life-saving tools languished in a bureaucratic abyss, sometimes for years, while patients that could have benefited from them suffered.

According to the book "Hazardous to Our Health? FDA Regulation of Health Care Products," edited by Robert Higgs, many Americans traveled to Europe to receive treatments that had not yet been approved by the FDA. The United States lost business as medical device manufacturers began to relocate out of the country.

Getting the government out of product safety wouldn't necessitate taking a manufacturer at its word. Looking closely at your TV, fan, lamp or toaster will likely reveal the "UL" logo of Underwriters Laboratories.

Companies choose to bring their products to this private safety firm for testing because more retailers will carry a product that gets the lab's stamp of approval.

A "UL" logo affords a guarantee that FDA approval does not. If the lab approves dangerous products, its reputation will suffer and it will lose business to competing firms. If the FDA approves dangerous products, it can force businesses to patronize it anyway.

If a testing firm can't get the job done quickly, it can use its profit to expand — or let rivals take its business. Conversely, there is only one FDA, and it has all the time in the world. When it does expand, it must be at the expense of taxpayers. If the FDA is not timely, businesses have nowhere else

to go — except out of the country. Like the mafia, the FDA maintains a monopoly that allows no challengers.

Government regulation of product safety imposes one unilateral edict on a population with a diverse array of priorities. It allows the few to make decisions about the bodies and personal lives of the many. It creates unelected agencies that operate with impunity, withholding vital services from those who could benefit from them.

The notion that government can solve our problems enables it to cause new ones. Maybe what we should really be regulating is the government itself.

Ian Huyett is a junior in political science and anthropology. Please send comments to opinion@pub.ksu.edu.

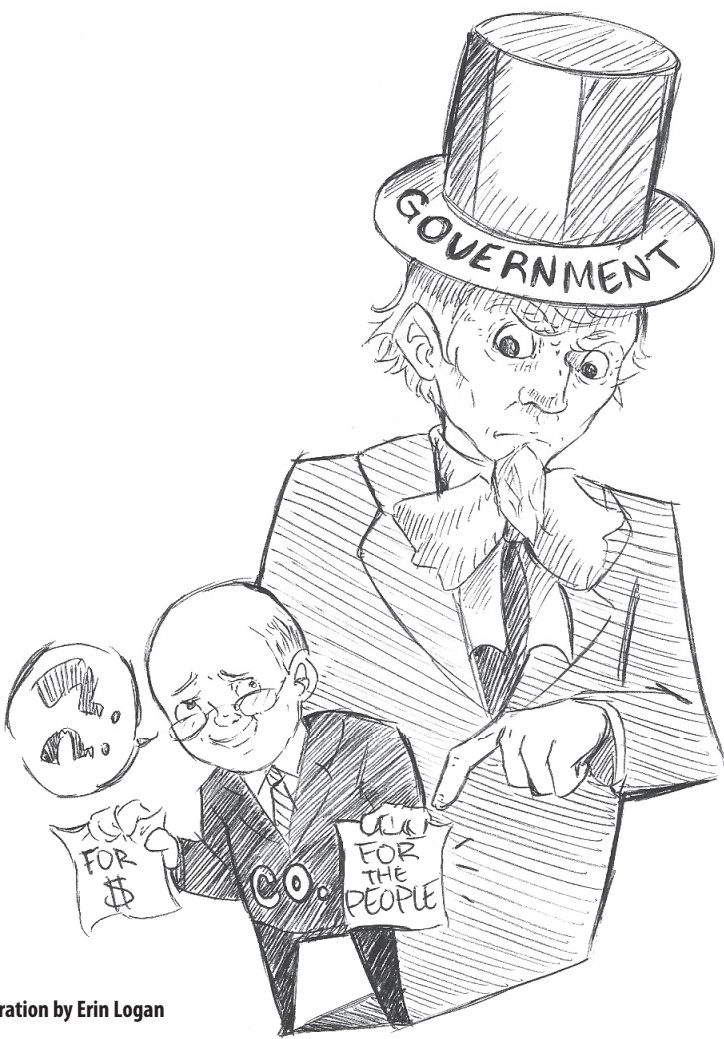


Illustration by Erin Logan

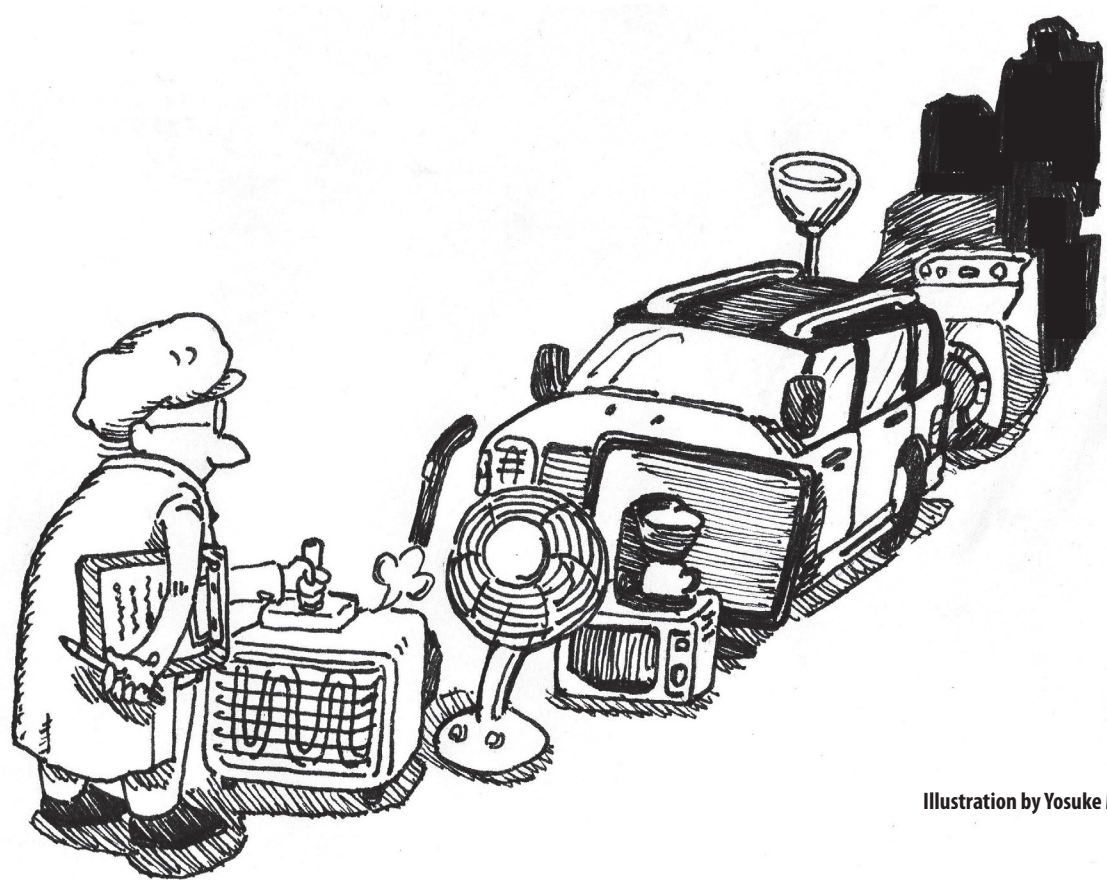


Illustration by Yosuke Michishita

MISSED OPPORTUNITY

Tough weekend for Cats

Mark Kern
assistant sports editor

Coming off a hard-fought victory against Creighton in the home-opener, the Wildcats looked to build on that as they hosted the Varney's Invitational at Ahearn Field House. Their first opponent would be the Georgia Southern Eagles from the Southern Conference. This matchup would not provide near the excitement as the game on Tuesday, since the Wildcats proved to be a strong match for the Eagles.

The Wildcats took control early in the match and cruised to win the match in three sets (25-19, 25-17, 25-15). Caitlyn Donahue played a huge role in the matchup as she was able to control the ball and get her teammates the ball in good position. She finished the match with 33 assists. The K-State defense was able to keep the Eagles' hitters from getting in a groove as they totaled six blocks for the match.

After the first win, the Wildcats were able to get some rest before they played their second match of the day.

In their second match, the Wildcats would host the Idaho Vandals from the Western Athletic Conference.

The Vandals were up to the challenge as they gave the Wildcats a tougher match, but the Wildcats were able to win the match in three sets (25-23, 25-19, 25-22).

As competitive as this match was, the Wildcats never trailed in any of the three sets. The match was a team effort as many players made key contributions. Kaitlynn Pelger and Lilla Porubek each had 12 kills, and Donahue was once again key in keeping the team going well on the floor with 36 assists. This victory, and the fact that the Brigham Young University Cougars had won their two matches on Friday, set up a matchup on Saturday for the championship of the tournament.

BYU would provide a different

style of challenge for K-State as Jennifer Hamson, who stands at 6'6", was there at the net to help challenge the Wildcats hitters.

K-State came out strong. However, the Wildcats would lose in three sets to the Cougars (25-23, 25-19, 25-23). Pelger, along with teammate Porubek, made the all-tournament team.

After the game, coach Suzie Fritz thought it took her team too long to get going.

"I think today was more of what we weren't doing than what they were doing," Fritz said. "We were not good in terms of discipline. We seemed very uncomfortable, I think, until about midway through the first set. We were inconsistent against BYU. They made us play and we didn't make them play."

Junior Kathleen Ludwig also thought the team let a great opportunity slip through their hands.

"It was a missed opportunity," Ludwig said. "This was a good match to play at home and I think if we had showed up a little earlier maybe we could have had that match. BYU had a good rhythm going on their side, and we weren't really playing in system early on."

Even though the Wildcats were not able to get the last win, they played competitively. It is still early in the season, and this is a team that will improve with experience as the season continues.

K-State will be off until Thursday, when the team travels to Missouri State to play Hofstra, S.D., and host Missouri State in the Dr. Mary Jo Wynn Invitational.

Jonathan Knight | Collegian

K-State libero **Tristan McCarty** celebrates a kill against Georgia Southern in the Varney's Kansas State Invitational in Ahearn Field House on Friday. The Wildcats defeated the Yellow Jackets in three sets (25-19, 25-17, 25-15).



Offense out of sync in season opener



Logan M. Jones | Collegian

K-State linebacker, **Arthur Brown**, gets to Eastern Kentucky quarterback, **Jared McClain**, in the second half of Saturday's game. The Wildcats won, 10-7.

Mark Kern
assistant sports editor

Coming into the season, most of the worries that fans had about the Wildcats were on the defensive side of the ball. On Saturday, the defense played very well as they only allowed one touchdown, and even that was because of a turnover by the offense which resulted in the Colonels starting their offensive possession from the one-yard line.

However, it was the offense that had everyone worrying after the game Saturday, when the Wildcats totaled just 303 yards of offense. More alarming, however, were the five turnovers and the inability to dominate the line of scrimmage.

The Wildcats were only able to rush for 175 yards on 56 attempts — good for an average of only 3.1 yards per carry. This was because the of-

fensive line was not able to keep the Colonels out of the backfield, since the running backs were getting hit as soon as they touched the ball. Once it became apparent that the running backs were not going to be able to run the ball with a lot of success, the Wildcats tried moving the ball through the air.

The Wildcats would struggle find success throwing the ball as well, as quarterback Colin Klein went 13-21 for 128 yards with a touchdown and an interception.

The offense never looked in sync as the Wildcats were called for two early false starts, which proved to be a sign of things to come the rest of the day. However, with all of that being said, the bottom line is that K-State got the victory.

Football Championship Subdivision teams are improving. Ever since the famous Appalachian State victo-

ry over Michigan, teams such as KU, Mississippi and even Oregon State this Saturday against Sacramento State, have lost to an FCS program.

This does not excuse K-State's performance, though, and they will have to play much better in their upcoming games to keep winning, but it is too early to panic. The Wildcats have not had four preseason games like the professionals do, so expecting them to come out and be on top of their game is a little unreasonable. Another thing to keep in mind is that when they absolutely had to have the touchdown, Klein stepped up and hit Chris Harper for the 33-yard touchdown pass.

The Wildcats will have two weeks to get ready for Kent State, who is coming off a blowout loss to No. 2-ranked Alabama. Hopefully, by then the offense will show signs of improvement.

Wildcats' defense promising

Sean Frye
staff writer

As fans, players, coaches and the media left Snyder Family Stadium on Saturday night, everybody seemed shell-shocked by the fact that the K-State Wildcats had barely squeaked by the Eastern Kentucky Colonels, a Football Championship Subdivision team that the Wildcats expected to take care of easily. Instead, it took a last-minute 33-yard touchdown pass from Collin Klein to Chris Harper to give the Wildcats a 10-7 victory. However, none of the criticism after the game was directed toward the defense, which showed leaps and bounds of improvement compared to last year's 106th-ranked defense.

Throughout the summer, Bill Snyder's focus was on improving the defense of the Wildcats. Saturday's contest showed plenty of signs that this year's defense will be one of the bright spots on the team. Defensive end Jordan Voelker recorded two sacks, linebacker Arthur Brown carded seven tackles and Meshak Williams recorded two tackles for loss, including one sack.

"They kept the pressure on," Snyder said. "You go back to as well as we played on defense and you mention some guys that did exactly that. Our pass rush was good and we played reasonably well against the run. I liked the way Jordan and (Adam) Davis played. I thought both of them did well and I thought Meshak put himself in a position to make some plays and he made some."

The defensive line, led by defensive

ends Voelker and Davis and defensive tackles Vai Lutui and Ray Kibble, had the biggest impact on the game, as they made the Colonels' offense uncomfortable all night long. The defense held Eastern Kentucky to 129 yards of total offense and Colonels' freshman quarterback Jared McClain never truly got into a groove, allowing K-State enough time to come back and take the win away from the Colonels late.

"Defensively, even though it was not the offensive team we will see in the future, our people played hard and made a few mistakes, but not very many," Snyder said. "There are just so many things that play in the course of this ball game, but defensively I thought up front that they played hard and that they were where they were supposed to be. We played vertical and got up field well. They were not soft on the line. I was pleased with the way they played."

While the stats certainly do show improvement on the defensive side, watching the defense swarm to the ball carrier and seeing the defense's overall chemistry on the field was the true sign of their improvement this past summer.

"I think we are more unified," Brown said. "That really allows us to fill the gaps for any errors that might happen."

"I felt like we were flying around and having more of a love for the game," Voelker added. "We looked a lot more excited to be out there. I know that it was the first game and everybody was ready to hit again, but I felt like we were out there sweating and bleeding for each other."

Two minute drill

Monty Thompson
sports editor

NFL

Former Ohio State head coach Jim Tressel has been suspended by the Indianapolis Colts for six weeks. Tressel's suspension will be served due to his violations at Ohio State related to unapproved financial arrangements. After his suspension is served, Tressel will serve as a gameday consultant for the Colts and will be limited to working strictly on game days from the coaches' booth.

MLB

Tampa Bay's All-Star pitcher James Shields added another complete game to his resume as he held the Texas Rangers to four hits in a 5-1 victory on Monday. Shields currently leads the league with 11 complete games pitched.

NBA

As the NBA lockout enters its third month, Miami Heat forward Chris Bosh expects practices to start up regardless. As the time of year has arrived when teams usually begin training camps, Bosh is confident that whether or not

they start on time, the team will have plans to do something.

NCAA FOOTBALL

With the departure of Texas A&M from the Big 12, the end is making its way to the conference faster than expected. The future of the Big 12 Conference now lies in the hands of the University of Oklahoma. After announcing last week that the school was beginning to evaluate other options, the Sooners appear to have the Pac 12 as their desired destination. While no actions have been made, sources from Oklahoma and Texas believe that if the Sooners were to join the Pac 12, that Texas, Texas Tech and Oklahoma State would join them.

NCAA BASKETBALL

Wake Forest's freshman guard J.T. Terrell announced Monday that he will be withdrawing from the team after being charged with a DWI. Terrell's attorney Mike Grace left in a statement issued through the university that Terrell said he will spend the next few months rebuilding his life and hopes to play college basketball again. Last season Terrell started in 18 of 32 games and averaged 11 points.



Celebrations!

Births, engagements, weddings, anniversaries
and retirements of K-State



page 6

kansas state collegian

tuesday, september 6, 2011

Student finds love abroad in South Africa



Kelsey Castanon
edge editor

People often find love in the most unexpected places. Students traveling to foreign countries typically experience a whirlwind of emotions, but when Beth Caldwell and Kyle Miles studied abroad, they found the most sought-after emotion — love. Their lives will never be the same.

Beth, senior in psychology, was studying abroad in South Africa, her first time in the country, and said she went without knowing anyone. On her very first night, she and her roommates decided to go out for a night on the town and found themselves with little idea of where to go, until they saw two guys walking toward them.

"I did something very out of character — I'm not usually the type of person who approaches people — but I was just like, 'Hey, we're American girls and we don't know where everything's at. Can you direct us where to go?'" Beth said.

Instead of a few quick directions, the two men extended an invitation for a night out in Cape Town. One of those men was Kyle, graduate student in kinesiology.

The two instantly hit it off. Beth said she connected with Kyle the first night she met him and they grew closer by the day.

"After a week or two of meeting her, I definitely knew she was something special," Kyle said.

Beth said that being around Kyle made it easier for her to be so far from home. Between becoming a part of his group of friends and meeting the family, Beth said she found "a family away from home."

"He also just took me around places in Cape Town," she said. "Our favorite thing to do was to go to the beach, and he took me to the mountains. He was like my tour guide."

And Beth said their love developed over time.

When the time came to leave South Africa, both Beth and Kyle said they were unsure about the future. When Beth came back to the States, the couple spent six months half a world apart.

"If we were impartial about how we felt, we probably wouldn't have tried as hard, but we knew how much we wanted to be together so we tried everything we could to make it work," Kyle said.

Though it was difficult, Kyle said communication helped them get through it.

"It was tough, but I think Skype is quite possibly our savior. We did a lot of Skype," he said. "But I think what really saved us was how much we care about each other."

After six months apart, Kyle stayed true to his promise to visit and booked his plane ticket to Kansas. Because he wanted to be with Beth and complete his master's degree, Kyle visited the K-State campus. The university offered a stipend for Kyle to complete his master's, and after meeting with the professors, Beth said, "K-State sold him."

And although Kyle said he loves South Africa, "Being in the best place in the world doesn't mean anything if you don't have somebody you care about there. I was ready for a change and to go on a new adventure."

But this time, it was Beth's turn to show him around.

After months of being in the States, Kyle said the topic of mar-



courtesy photos

riage started coming up.

"I never, ever envisioned I would get married so young, but it kind of fell dry," Kyle said. "Everything about Beth and our relationship is amazing, there's no other way to put it. Everything just fell into place. I knew I wanted to marry her."

Though Beth said she heard from her parents that Kyle had already asked her father to marry her, she was still unsure of when he was going to ask.

"Because she knew the proposal was imminent, I tried to trick her as many ways as I could," Kyle said.

So on that last weekend in August, when the two headed up the Manhattan Hill, Kyle had more in mind than a great night of sightseeing.

"I wanted to surprise her so I took her up (to the hill). I had a few lines prepared and just got down on the one knee with the sun setting over Manhattan," Kyle said.

But a moment like this wouldn't be fitting for the couple if there weren't laughs involved.

Down on one knee, Kyle asked, "What do you want more than anything else?" He assumed Beth's response would be to get married. When Beth jokingly replied, "a dog," all tension broke.

"It was weird because even though I knew what was happening, I was still so nervous and excited and we were both laughing, but that's kind of both of our personalities," Beth said.

And there, Kyle slipped his mother's ring, which his mother designed and wore before she passed away, on Beth's left ring finger.

Through everything, through the long-distance struggles and citizenship process, Beth said it is the fun and adventures with Kyle that make all of it worth it.

"There are a lot of things in life we could be worrying about, but we make sure to keep everything in check," she said. "He brings me back down to earth."

After the wedding, the two plan to stay in Manhattan while Kyle finishes his master's and continue their travels for the next five to six years, Beth said.

"As far as our long-term plan,

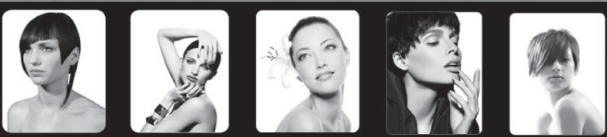
we both really want to travel around the world," Kyle said. "Short-term, we want to be comfortable and happy."

But in the midst of all the plans to travel, heading back to the country that brought them together is also on the agenda.

"Our ultimate goal is to go back to South Africa and live there. We both love being there and would love to end up there," Beth said.

Kyle Miles and Beth Caldwell plan to tie the knot in May 2012 in Leawood, Kan.

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Retirements

Elcock

Douglas A. Elcock, budget fiscal officer for the Research and Extension Office at Kansas State University, announces his retirement. He has been working at K-State for nearly 35 years.

Gaskill

Karen Gaskill, accountant for the Research and Extension Business Office at Kansas State University, announces her retirement. She is retiring from her position as accountant III and has been working at K-State for nearly 45 years.

Johnson

Sharon K. Johnson, Maintenance Crew at Kansas State University, announces her retirement. She worked in the K-State Division of Facilities paint shop for 16 1/2 years and spent seven years with K-State Housing and Dining.

Engagements



Pinwill – Steimel

Sophie Pinwill, 2009 graduate of Hertfordshire University, and Weston Steimel, senior in computer science, announce their engagement.

Sophie is the daughter of Colin and Kim Pinwill, Enfield, England, and Weston is the son of Brent Steimel of Hooker, Okl., and Peggy Steimel of Hoyt, Kan.

They plan an Aug. 21 wedding in Manhattan, Kan.



Rose – St. John

Michlynn Rose, 2008 graduate in Journalism & Mass Communications, and Austin St. John, 2009 and 2011 graduate in History and Political Science and current master's student in Public Administration, announce their marriage.

Michlynn is the daughter of John and Kay Rose, Mullinville, Kan., and Austin is the son of Robbie and Ruth Carpentier, Salina, Kan.

They were married on August 6, 2011 on the Bosco Plaza at the KSU campus.

The best man was Tyler Sharp, and the maid of honor was Misti Uhlman.

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Deadline is 5 p.m. two days prior to publication date.

Student gets scholarship boost

Beth Bohn
k-state communications and marketing

Classes and internships have helped K-State's Eric Grusenmeyer confirm his career choice as a structural engineer. Now a scholarship from a major steel construction organization will help him reach his goal.

Grusenmeyer, senior in architectural engineering, from Smithville, Mo., has received a \$5,000 American Institute of Steel Construction Education Foundation Scholarship. It is one of nine awarded by the foundation for the 2011-12 school year. Grusenmeyer's scholarship was established by Havens Steel Company in honor of Fred R. Havens.

"The scholarship helps pay for school and I'm very thankful for that," said Grusenmeyer, who was encouraged to apply by Kimberly Kramer, associate professor of architectural engineering and construction science.

The scholarship requires that applicants be full-time students in civil or architectural engineering and enrolled in an accredited U.S. university program. It is available to undergraduate juniors and seniors and graduate

students interested in structural engineering and construction.

Grusenmeyer is in K-State's combined bachelor's and master's degree program in architectural engineering, with an emphasis on structural engineering. He plans to graduate in December 2012 and would then like to work for a structural engineering firm in the building structures industry. He has been preparing for a career as a structural engineer by spending the last five summers serving internships in the industry, including four internships, from 2007-2010, with Thornton Tomasetti's Kansas City office.

"This summer I interned at Johnston Burkholder Associates, also in Kansas City," he said. "I have learned a great deal through my internship experiences. Through my work over the past several summers, I have confirmed my career choice as a structural engineer and solidified what I am learning in school."

Along with his engineering classes, Grusenmeyer is active in the K-State student chapter of the Structural Engineers' Association of Kansas and Missouri, where he is currently serving as events coordinator. He also is a member of K-State's 2011-2012

Architectural Engineering Institute Student Design Competition Team.

But Grusenmeyer is not just interested in engineering-related activities. He is a five-year member of the Kansas State Marching Band, The Pride of Wildcat Land, where he has had several leadership positions. He has been an assistant section leader for a year and head section leader for three years of the trombone section. He also is or has been involved in a variety of other athletic and concert bands, as well as other engineering and general campus organizations. Outside of K-State, he enjoys helping his high school's first robotics team during time off school and volunteering with the local 4-H organization in his home county.

Grusenmeyer is the son of Ron and Mary Kay Grusenmeyer and a graduate of Smithville R-II High School.

The American Institute of Steel Construction, headquartered in Chicago, is a not-for-profit technical institute and trade association established in 1921 to serve the structural steel design community and construction industry in the United States.

THE BLOTTER

ARREST REPORTS

THURSDAY

Branden Christopher Hofmann, of the 1100 block of Yuma Street, was booked for probation violation and failure to appear. Bond was set at \$2,000.

Marvin Eugene Berroth II, of the 800 block of Smith Street, was booked for battery. Bond was set at \$1,500.

Timothy Joel Roberts, of Junction City, was booked for theft. Bond was set at \$1,000.

Francisco Cortez Perez, of Junction City, was booked for domestic battery. Bond was set at \$1,000.

Isom Washington McGowan, of the 600 block of Griffith Drive, was booked for failure to appear. Bond was set at \$2,500.

FRIDAY

Adam Jeffrey Hamilton, of the 1200 block of Bluemont Avenue, was booked for probation violation. Bond was set at \$510.50.

Mashawnda Leigh Dotson, of Ogden, was booked for failure to appear and probation violation. Bond was set at \$5,000.

Brittany Nicole Davis, of Junction City, was booked for battery. Bond was set at \$750.

Dirk Travis Sparks, of the 2100 block of Fort Riley Boulevard, was booked for aiding and abetting a crime, forgery and theft. Bond was set at \$5,000.

Angel Antonio Pagan, of Junction City, was booked for driving with a canceled, suspended or revoked license and driving under the influence. Bond was set at \$2,000.

SATURDAY

Melanie Rachelle Moss, of the 1200 block of Ratone Street, was booked for driving under the influence, endangering a child and driving

with a canceled, suspended or revoked license. Bond was set at \$1,500.

Jessica Catherine Kroll, of the 3300 block of Abbey Circle, was booked for unlawful transportation of an open container, purchase or consumption of alcoholic liquor by a minor, possession of drug paraphernalia and unlawful possession of depressants. Bond was set at \$750.

Kenneth Mendez Diaz, of the 3000 block of Kimball Avenue, was booked for driving under the influence. Bond was set at \$500.

Terry Rees Warren, of the 2500 block of Candle Crest Circle, was booked for driving under the influence and unlawful possession of depressants. Bond was set at \$1,000.

Morgan Lee Webber, of the 1000 block of Garden Way, was booked for driving under the influence. Bond was set at \$750.

Kevin Joseph Green, of the 1000 block of Pomeroy, was booked for disorderly conduct, battery, criminal damage to property and theft. Bond was set at \$3,000.

Evert Ramon Nelson, of Hillcrest Drive, was booked for unlawful possession of depressants and possession of paraphernalia to grow or distribute marijuana. Bond was set at \$750.

Matthew Allan Barley, of the 700 block of Griffith Drive, was booked at 4:30 a.m. for driving under the influence. Bond was set at \$1,500.

Corey Dean Maginley, of Pride Drive, was booked for driving under the influence. Bond was set at \$750.

Steven David Woodworth, of the 1800 block of Anderson Avenue, was booked for driving under the influence. Bond was set at \$1,500.

Matthew Allan Barley, of the 700 block of Griffith Drive, was booked at 6:53 a.m. for driving under the influence and failure to appear. Bond was set at \$1,898.

Jacob Lee Schell, of Ottawa, Kan., was booked for failure to appear. Bond was set at \$3,000.

Dane Michael Gentry, of the 900 block of Laramie Street, was booked for driving with a canceled, suspended or revoked license. Bond was set at \$1,500.

Ronal Auner Mendez-Zacarias, of the 1400 block of Scenic Drive, was booked for identity fraud, no driver's license and no proof of liability insurance. Bond was set at \$1,500.

SUNDAY

Jonathan Paul Bussen, of the 4400 block of Tuttle Creek Boulevard, was booked for driving under the influence. Bond was set at \$500.

Marquez Copaz Gails, of Wichita, was booked for driving with a canceled, suspended or revoked license. Bond was set at \$500.

Victoreya Leevette McCuin, of the 1200 block of Pomeroy Street, was booked for disorderly conduct, battery against a law enforcement officer and resisting arrest. Bond was set at \$1,500.

Theresa Marie Hill, of the 700 block of Kearney Street, was booked for driving under the influence. Bond was set at \$750.

William Harold Hughes, of the 2900 block of Keats Avenue, was booked for driving under the influence. Bond was set at \$1,000.

Caroline Dianna Demague, of Junction City, was booked for driving under the influence. Bond was set at \$750.

-- compiled by Sarah Rajewski

ALGAE | Few solutions to problem

Continued from page 1

always high nutrient in that water. With global warming, as temperature increases, these problems will become more frequent. It's a consistent problem in Kansas; it's more common this summer than it has been."

Four dogs died from liver failure this summer after drinking water from Milford Lake, which was issued a similar warning.

"As long as (the blue-green algae) living they won't release toxins," Kirkham said. "When they're no longer alive and photosynthesizing, there are products that are released and cause toxicity."

However, toxicity can also result in lesser degrees of harm. Effects of toxicity "can cause people to have skin reactions and lead to taste and odor problems in drinking waters," Dodds said.

"If a fish is in the water where there are a lot of the (blue-green algae) blooms, they will obtain a certain taste, which can be detected even in low levels," Dodds

said. "Many areas that rely on lakes for drinking water have odor or taste in their drinking water."

Blue-green algae toxicity is not unusual, but can become hazardous depending on the level.

Fishing is still permitted in the Tuttle Creek River Pond Area.

"Fish aren't affected by the toxins," said Keith Gido, associate professor of biology. "If you wash that fillet, it would be fine to eat."

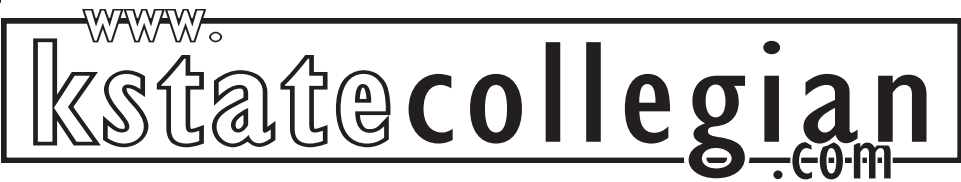
However, the blue-green algae growing in the River Pond Area poses a threat to the population of fish since "the algae do consume oxygen at night. During the day they are generating oxygen, but at night the algae consume oxygen, especially when they die. The oxygen levels can become really low and that kills the fish. When the water is hot like it is, it doesn't hold as much oxygen," Gido said.

When asked if anything can be done to stop the hazardous toxicity of the blue-algae from spreading, Dodds said, "In the short run, not really. There are chemical compounds, such as copper, that you can add and sometimes people will do that, but the copper is toxic and expensive. In the long run, the best management is to control the nutrient."

No one can say how long the River Pond Area will be under a warning. Eventually, the weather will cool down and the algae problem will disperse.

"(There have been) some improved conditions," Lovin said. "The core is releasing water, is-suing help."

Gido suggests checking the Kansas Department of Wildlife, Parks and Tourism and the Kansas Department of Health and Environment's webpages before venturing out to the Tuttle Creek River Pond Area or to other affected lakes and ponds in Kansas.



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FEMALE ROOMMATES wanted, two bedrooms available. Nine-month lease, \$275/ month, utilities paid. Call 785-537-4947.

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Poll shows caffeine, coffee part of daily life for most students

Haley Rose
staff reporter

The difference between pulling a successful all-nighter and ending up slumped over, drooling on a textbook, can often be a full pot of coffee or a stash of steaming lattes. Caffeine has traditionally, and stereotypically, played an important role in the often difficult task of maintaining consciousness in classes.

Between Caribou Coffee, Radina's Coffeehouse and Roastery, Café Q and Einstein Brothers' Bagels, the K-State campus sees about 1,900 cups of caffeinated beverages sold on a daily basis. This rough estimate includes drip coffee, lattes, mochas, Americanos, toddys, etc., and altogether pulls in an average of \$6,350 per day.

Shalaun Johnson, barista at Caribou Coffee in the K-State Student Union, estimated the shop sells about 800 caffeinated drinks daily. Caribou Coffee had the highest per-day sales estimate, followed by Radina's Coffeehouse and Roastery, Einstein Bros. and Café Q with 500, 400 and 200, respectively.

A small poll conducted among 30 K-State students showed that within the group, the majority spend between \$5 and \$10 per week, 23 percent spend a minimal amount due to brewing their own coffee at home and 10 percent spend over \$20 weekly.

One student didn't drink coffee at all specifically because of the cost.

"I've never had coffee in my life," said Megan Canfield, graduate student in counseling and student development. "I have never wanted to spend money on it."

Out of the students polled, 70 percent consume coffee and espresso drinks because they like both the taste and the caffeine effects, while the remaining 30 percent drink

them for the caffeine alone and do their best to conceal the taste of the coffee.

"I'm the type who takes a bit of coffee with her sugar," said Julia VanderWerff, sophomore in English and participant in the poll. "I just drink it to stay awake."

According to Richard Lovett in a 2005 edition of the New Scientist journal, "In North America, 90 percent of adults report consuming caffeine daily," making it the most widely consumed psychoactive substance.

Many studies have been conducted on the effects of caffeine over the last 50 years. Some concerned with the psychological effects, others the physical. It has been defined as an ergogenic aid, which means that it increases a person's capability for mental or physical labor.

The overall consensus on caffeine consumption is mixed. Some researchers point to the negative effects, such as the fact that it can create a dependency and the dangerous consequences when mixed with alcohol, while others cite the positives, like increased alertness and decreased risk of heart disease.

"I just drink it to stay awake."

Julia VanderWerff
sophomore in English

A 1991 study conducted by the School of Human Biology at the University of Guelph in Ontario, Canada, found dramatic increases, some as much as 50 percent, in "race-pace" endurance in runners as well as an increase in cycling endurance during high-intensity circuits when the athletes were given nine milligrams of caffeine per kilogram of body



Radina's Coffeehouse and Roastery serves coffee in rustic ceramic mugs. These mugs are also available for purchase.

weight.

A more recent study, conducted by the Cochrane Injuries Group in 2010 found that the consumption of caffeine, combined with adequate sleep, led to fewer injuries in shift workers. The study stated that "caffeine does not reduce the need for sleep but rather the sensation of being tired," which led to fewer injuries due to tiredness in workers.

However, there are risks to consuming caffeine on a regular basis. Withdrawal symptoms were examined in a 2004 study conducted by the Department of Psychology at American University in Washington, D.C., on consistent caffeine drinkers.

Headaches, fatigue and irritability were the most

common, presenting in around 50 percent of test subjects. The effects most frequently began presenting within 24 hours and lasted between two and nine days.

Out of the K-State students polled, only 15 percent reported any signs of withdrawal when not consuming caffeine.

Another negative symptom of caffeine consumption that researchers at Mount Sinai Medical Center in Los Angeles have found is the increased risk factor for gastroesophageal reflux disease. Other risk factors for GRD include obesity, tobacco use, fatty foods and chocolate.

A derivative of caffeine called caffeine citrate, which, in its fundamental form, is a

condensed form of caffeine bonded with other elements, has been successfully used medicinally to treat infants who have trouble breathing, as well as for severe migraine relief.

Between successful medicinal uses and being stockpiled by college students, the most traditional common ground researchers have found is that,

if consumed in moderation — which, as most studies note, does not include the use of energy drinks — the effects of caffeine are generally minimal, not harmful and can lead to beneficial results.

The common ground on which the K-State survey group stood was the consensus that "coffee is just delicious."

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